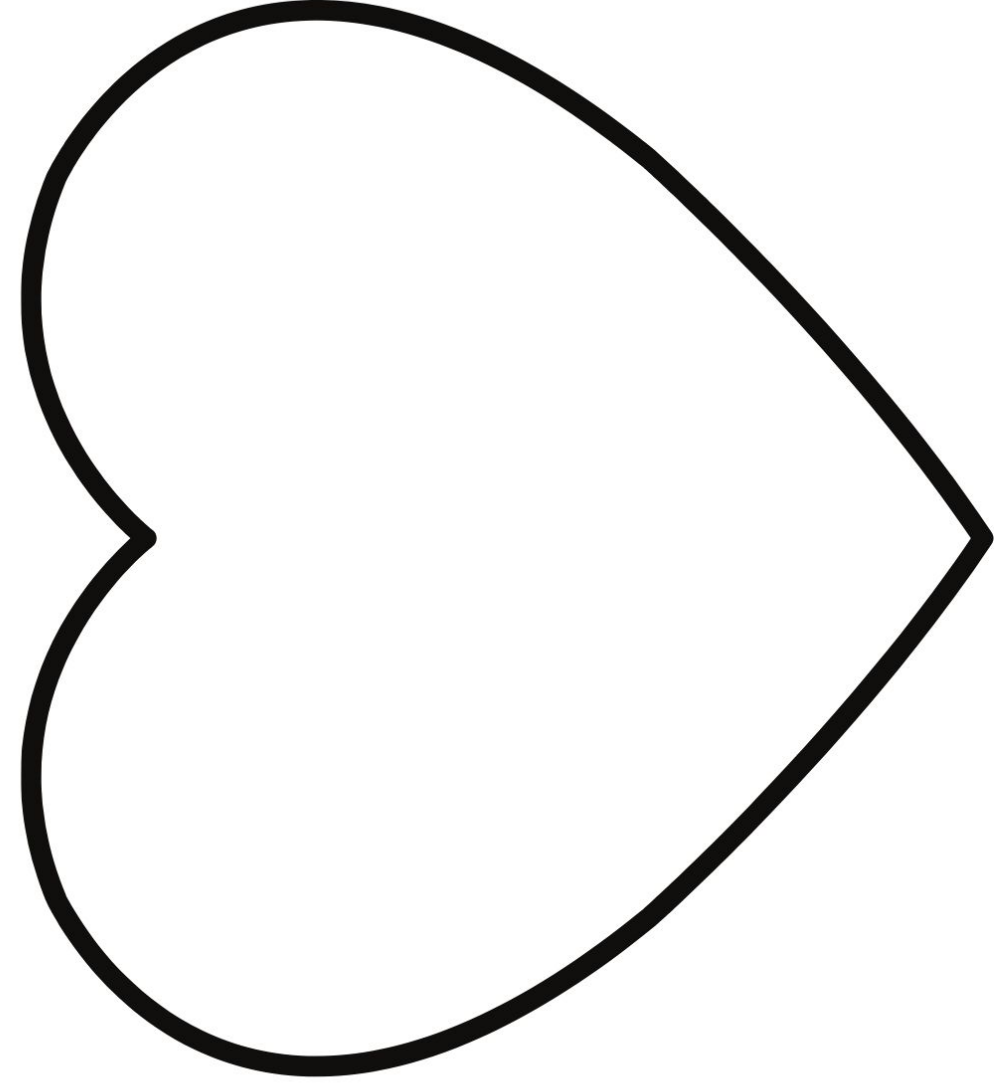
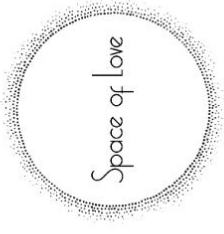


EXERCISE #01 (Awaken Your Creative Spirit Online Retreat)

Draw Your Heart

What feelings are in your heart?



colour

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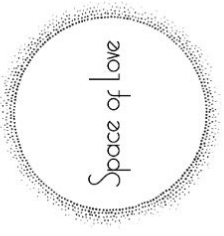
feeling

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EXERCISE #02 (Awaken Your Creative Spirit Online Retreat)

My Lifeline: Till Now

What happened?



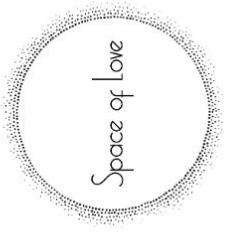
birth

now

EXERCISE #02 (Awaken Your Creative Spirit Online Retreat)

My Lifeline: From Now

What happened?



now



death